



SIGNPOSTING

A resource booklet for volunteers to find information on relevant support organisations in the local area.

Updated: May 2022



Contents

SIGNPOSTING:

- **Child and Carer Support** 3-4
- **Financial Support** 5
- **Food Aid** 6-7
- **Health and Wellbeing** 8-11
- **Housing Support** 12-14
- **Refugee Support** 15-16
- **Distribution Centres** 17

*Our website also has a **Virtual Community Noticeboard** sharing the latest short and long term offerings provided by local support groups, charities, and public initiatives in our community.*

<https://runcorndistrict.foodbank.org.uk/community-support/>



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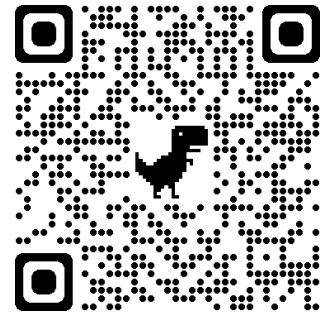
Child and Carer Support

Halton Carers Centre

Halton Carers Centre offers support to unpaid young and adult carers, developing services for them and providing them with some time for themselves to stay well. All new carers are contacted by a Carer Support Worker via a telephone call within ten working days of registering with us.

Contact No.: 01928 580182

Website: <https://haltoncarers.co.uk/>



Halton Children's Trust

The Halton Local Offer website provides comprehensive and accessible information, advice, support, and services that meet the local needs and aspirations for those with Special Educational Needs and/or Disabilities (SEND).

Contact No.: 0151 511 8661

E-mail: childrenstrust@halton.gov.uk

Website:
<https://localoffer.haltonchildrenstrust.co.uk/>



Child and Carer Support

Halton Children's Centres

Halton Children's centres provide many child and family services including activities for parents, parents-to-be, their babies, toddlers, young children and the rest of the family in the Halton community.



- **Windmill Hill Children's Centre**

Contact No.: 01928 717132

- **Brookvale Children's Centre**

Contact No.: 01928 797160

- **Halton Brook Children's Centre**

Contact No.: 01928 573265

- **Halton Lodge Children's Centre**

Contact No.: 0151 511 5050

Website:

<https://www3.halton.gov.uk/Pages/EducationandFamilies/FamiliesInformationService/ChildrensCentres.aspx>



SIGNPOSTING

Financial Support

Citizens Advice Halton

Citizens Advice Halton is an independent and impartial charity that helps people to overcome their problems. They offer wide ranging help across subjects that include the management of debt, problems with housing and rent, relationship issues, problems at work, and consumer rights.

Contact No.: Adviceline: 0344 477 2121 |
Universal Credit Citizens Advice helpline: 0800 1448 444

E-mail: advice@citizensadvicehalton.org.uk

Website: <https://haltoncab.org.uk/>



Halton Borough Council's Welfare Adviceline

The Welfare Rights Service provides advice, information, and representation on all aspects of Welfare Benefits and debt problems to residents of Halton. They also have two Macmillan Welfare Rights workers who specialise in helping people who are suffering with cancer to claim benefits and grants.

Contact No.: 0151 511 8930

E-mail: welfare.rights@halton.gov.uk

Website:
<https://www3.halton.gov.uk/Pages/CouncilandBenefits/Welfare-Advice.aspx>





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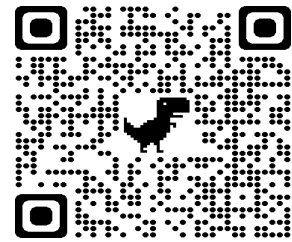
Food Aid

Community Shop Halton – Discounted Food

Community Store offers food and household products from well-known brands at deeply discounted prices. Membership is free and open to those who live locally and are in receipt of a means tested benefit (eg. JSA, ESA, Housing Benefit and Council Tax Support).

Contact No.: 01928 759574

Website: <http://www.companysshopgroup.co.uk/apply-for-membership/community-shop>

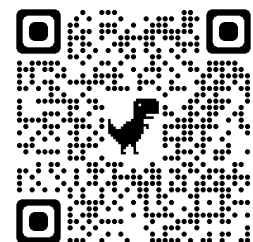


Four Estates - Food Pantry

Four Estates offer two community pantries that are open weekly across both Halton Brook and Palace Fields Community Centre. These pantries give access to fresh, frozen, store cupboard and household items at reduced prices. The pantries are open to anybody, there is no criteria to be met on who can use them and access to drop-in advice and support is available too.

Contact No.: 07483 113 072

E-mail: nicky.schofield@fourestates.co.uk





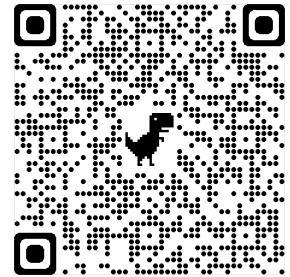
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Food Aid

Social Supermarket – Halton British Legion

Located on Castle Road in Runcorn, this is one of several community projects across Halton that is available to all and sells food and household goods from major retailers at a discounted rate. See more and the other locations across Halton on the web link below:

Website: https://runcorndistrict.foodbank.org.uk/wp-content/uploads/sites/116/2022/03/IMG_5721.jpg



SIGNPOSTING

Health and Wellbeing

Active Halton

Active Halton is a Halton Borough Council initiative to bring together its wide-ranging sport and physical activity offers. Active Halton offer free park runs and health walks to the Halton community.

Contact No.: 07774 480 762

E-mail: sports.development@halton.gov.uk

Website: <https://activehalton.co.uk/>



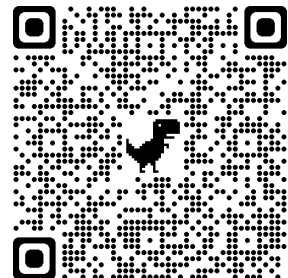
Age UK Mid-Mersey

Age UK Mid Mersey is an independent, registered charity working with and on behalf of people aged 50+ in Halton, Knowsley, St Helens and Warrington. We provide a holistic range of health, wellbeing, care and practical services so that individuals can enjoy a positive lifestyle with more choice and control in their everyday lives.

Contact No.: 0300 003 1992

E-mail: enquiries@aukmm.org.uk

Website: <https://www.ageuk.org.uk/midmersey/>



Health and Wellbeing

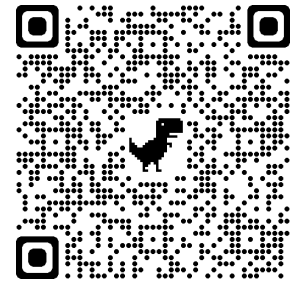
Halton Women's Centre

Halton Women's Centre provides tailored services that are available to improve the physical, social, and emotional wellbeing for the women of the Halton community.

Contact No.: 01928 566073

E-mail: womens.centre@halton.gov.uk

Website: <https://www.nhs.uk/services/service-directory/halton-womens-centre-runcorn/N10502138>



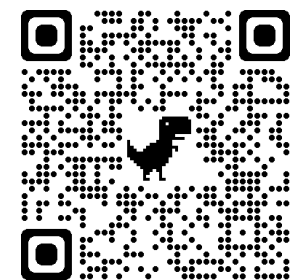
Halton Health Improvement

Supporting Halton to live a healthier and happier life through a variety of services. It is possible to be referred by a GP or if you are looking for weight management support you can self-refer into the Fresh Start weight management programme.

Contact No.: 0300 029 0029.

E-mail: HIT@halton.gov.uk

Website:
<https://www3.halton.gov.uk/Pages/health/hit/improvehealth.aspx>





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Health and Wellbeing

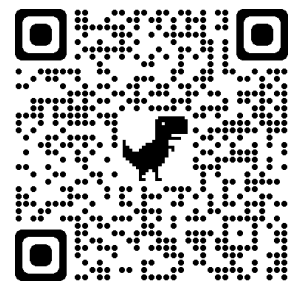
Mind Halton

Mind Halton exists to serve the information needs of anyone affected by mental distress. Halton MIND's information service provides a range of information on local services, medication, treatments, complimentary therapies, your rights and much more.

Contact No.: 01928 563612

E-mail: info@mindhalton.org.uk

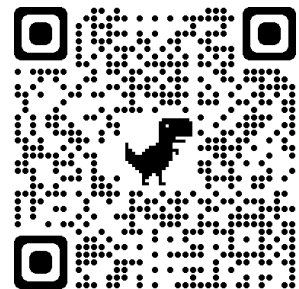
Website: <https://mindhalton.org.uk/>



No More Suicide

No More Suicide works to prevent suicide, to build services and communities that are safe from suicide and to support those bereaved by suicide. Through their Lived Experience Network, they endeavour to co-produce programmes with those who have been directly impacted by suicide.

Website: <https://no-more.co.uk/>





SIGNPOSTING

Health and Wellbeing

Wellbeing Enterprises

Specialising in person and community centred health approaches

Contact No.: 01928 589799.

E-mail: info@wellbeingenterprises.org.uk

Website: <https://www.wellbeingenterprises.org.uk/>



Housing Support

British Red Cross – Home Living Support

British Red Cross offer support that helps you live independently at home, particularly when you return after a stay in hospital.

Contact No.: 0151 424 7873

E-mail: Haltonsupportathome@redcross.org.uk

Website: <https://www.redcross.org.uk/get-help/get-support-at-home>



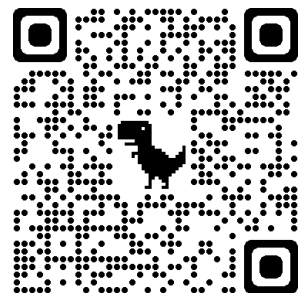
Changing Lives – Domestic Violence and Homelessness Support

Changing Lives has been appointed by Halton Borough Council to deliver support for people experiencing homelessness in the region. This strengthens our offer of support, with the Halton Homelessness team joining our existing domestic abuse services in the borough.

Contact No.: 0300 11 11 247

Website:

<https://www3.halton.gov.uk/Pages/health/PDF/safeguard/HDASleaflet.pdf>



Housing Support

Halton Borough Council Housing Solutions Team

Halton Borough Council provide an emergency homeless service for those who are unable to assist themselves in the short term and who meet criteria set by the Government. Support includes problems paying your rent or mortgage, problems with landlords or housing associations, looking for a new home, and affordable warmth in winter months.

Contact No.: 0303 333 4300

Website:

<https://www3.halton.gov.uk/Pages/planning/HousingAdvice.aspx>



Nightstop Communities

NCNW offer safe & secure Emergency Accommodation for vulnerable young people aged 16-35yrs old.

Contact No.: 0151 345 6454

E-mail: reception@ncnw.co.uk

Website: <http://www.ncnw.co.uk/>





SIGNPOSTING

Housing Support

Refuge – Domestic Violence Helpline

Refuge provides access to specialist refuge accommodation. The Helpline can help you find a refuge vacancy for you and your children. They can also support you to find other specialist services in your community, which can provide support whether or not you have left your partner.

Contact No.: 0808 2000 247

Website: <https://www.nationaldahelpline.org.uk/>



Refugee Support

A Better Tomorrow

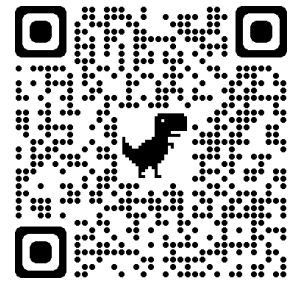
A Better Tomorrow is a community group supporting asylum seekers and refugees in Halton.

Contact No.: 07774 480 762

E-mail: abettertomorrow.halton@gmail.com

Website:

<https://www.facebook.com/abettertomorrow.Halton/>

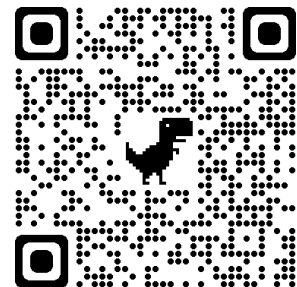


Asylum Link Merseyside

Asylum Link Merseyside is a safe space for asylum seekers and refugees to meet, relax and find out about the community they have been placed in. They offer a wide range of services which are centred on the principles of friendship and include access to wellbeing programmes and other agencies that deliver refugee services.

E-mail: info@asylumlink.org.uk

Website: <https://www.asylumlink.org.uk/>



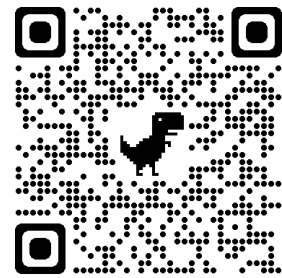
Refugee Support

British Red Cross - Refugee Support

British Red Cross provides a dedicated support service for asylum seekers, refugees, and vulnerable migrants.

E-mail: contactus@redcross.org.uk

Website: <https://www.redcross.org.uk/get-help/get-help-as-a-refugee>



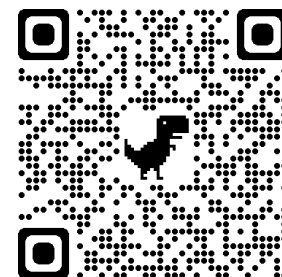
Refugee Women Connect

Refugee Women Connect offer an extensive outreach programme which incorporates weekly visits to Initial Accommodation Centres and weekly drop-ins where women can access a range of emotional and practical support and activities.

Contact No.: 07538764156

E-mail: info@refugeewomenconnect.org.uk

Website: <https://www.refugeewomenconnect.org.uk/>





SIGNPOSTING

Distribution Centres

St Martin's, Murdishaw

Mondays 11:00 – 13:00.

St Berteline's Church, Windmill Hill

Tuesdays 13:00 – 15:00.

Brook Chapel, Boston Avenue

Wednesdays 14:00 – 16:00

Christ Church, Castlefields

Thursdays 13:00 – 15:00

Old Town, Old Police Station

Fridays 11:00 – 13:00

Frodsham Guide HQ

Fridays 13:00 – 15:00

Bethesda Church

Saturdays 10:00 – 12:00